

WHO CAN JOIN 4-H?

Children ages 5-8 can join the 4-H Cloverbud clubs. Youth ages 9-18 are eligible for the other 4-H clubs.

Four-H is free!



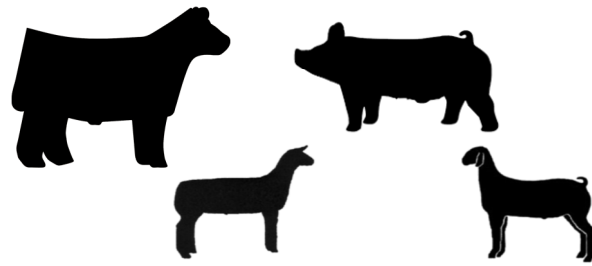
HOW DO WE SIGN UP FOR 4-H?

New members are accepted at any monthly club meeting. The official 4-H year runs from October 1 – September 30.

It is advisable to call the organizational leader in advance to confirm the meeting time and location. Clubs sometimes have special meetings or dinners planned and the time, date or location may change.

Enrollment information is available on our website. Type "Shenandoah County 4-H" into your internet browser.

4-H Motto: "To Make the Best Better"



DO I HAVE TO RAISE LIVESTOCK?

No. There are many different 4-H projects to choose from including foods, photography, wildlife, citizenship, clothing, dog and cat care, money management, electricity, fishing, woodworking, environmental science, and much more.

WHAT OTHER 4-H ACTIVITIES ARE AVAILABLE?

Four-H'ers can attend day or overnight 4-H Camps. Older members are trained as Camp counselors. There are also 4-H public speaking and presentation contests, talent shows, workshops, judging teams, livestock and horse shows, and interstate and international exchange trips. Four-H opportunities exist at the local, county, district, state, and national and international levels.



FOR MORE INFORMATION

VCE - Shenandoah County Office
600 North Main Street, Suite 100
Woodstock, VA 22664-1855
(540) 459-6140 FAX: (540) 459-6147
Office hours: 8:30 a.m. - 5:00 p.m.
Monday-Friday

Carol B. Nansel, Extension Agent, 4-H
E-mail: cnansel@vt.edu

<https://shenandoah.ext.vt.edu/programs.html>

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Carol B. Nansel, Extension Agent, 4-H, at the Shenandoah County Office of Virginia Cooperative Extension at (540) 459-6140/TDD* during business hours of 8:30 a.m. and 5:00 p.m. to discuss accommodations five days prior to the event. *TDD number is (800) 828-1120.



Virginia Tech • Virginia State University

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

Shenandoah

County 4-H



 Like us on fb: [Shenandoah County 4-H](https://www.facebook.com/ShenandoahCounty4H)

WHAT IS 4-H?

Four-H is a hands-on, fun program of learning for all children between the ages of 5 and 19. It offers young people the opportunity to develop new interests, make new friends, practice decision-making, and develop leadership abilities. Four-H is the largest youth organization in the United States.

The purpose of 4-H is to develop young people into productive and responsible members of society.

In Shenandoah County, most 4-H'ers belong to a community club where they elect officers, learn to conduct meetings, choose a 4-H project to complete, plan programs, and participate in community service and other activities. A network of adult volunteers work with the 4-H clubs. Parents are welcome to volunteer their time and talents.

4-H'ers are...

4X more likely to give back to their communities

2X more likely to make healthier choices

2X more likely to participate in STEM activities

SHENANDOAH COUNTY 4-H CLUBS & ORGANIZATIONAL LEADERS

Cabin Hill 4-H Club / Cloverbuds

Conicville Fire Hall
3rd Wednesday, 6:00-7:00 p.m.
Richard & Amber Newton - (540) 325-6637
<https://www.facebook.com/groups/cabinhill4hclub>

Fort Valley 4-H Club / Cloverbuds

Fort Valley Fire Hall
2nd Sunday, 4:00 p.m.
Justin & Jessica Ritenour - ritenour@shentel.net

Lebanon Church 4-H Club / Cloverbuds

Strasburg Community Center
3rd Monday, 7:00 p.m.
Kim Peterson - (540) 465-5659
Bobbie Van Norton - bobbievn@yahoo.com

St. Luke-Saumsville 4-H Club / Cloverbuds

Saumsville Christian Church
2nd Monday, 7:00 p.m.
Holly Steed - (540) 459-2283
Doris Lineweaver - (540) 459-5623
Registration deadline is December 31, 2023, for this club.

Shenandoah County 4-H Exchange Club

Host/Travel (2 year commitment)
Ages 13-19.
Contact leader for more information.
Jeff Dean - jeffdean@shentel.net

Shenandoah County 4-H Livestock Club/Cloverbuds

Wakeman's Grove Church of the Brethren
2nd Tuesday, 7:00 p.m.
Kristi & Adam Zirkle - (540) 325-6933
kristiz@shentel.net

Shenandoah County 4-H Livestock Judging Team

Shenandoah County Government Center
Tuesday and Thursday practices, as agreed with the coach., 6:00-8:00 p.m.
Lindsey Rigby - (540) 325-9352

Southern Shenandoah 4-H and Cloverbuds

New Market Reformation Lutheran Church. Moving to CREW in Mount Jackson soon.
2nd Sunday, 3:00-4:00 p.m.
Lauren Reynolds - (540) 333-9319
Brent Eaton - beaton@shentel.net

Toms Brook 4-H Club / Cloverbuds

Club is looking for 2 volunteers to reorganize. Call the Extension Office for more information at (540) 459-6140.



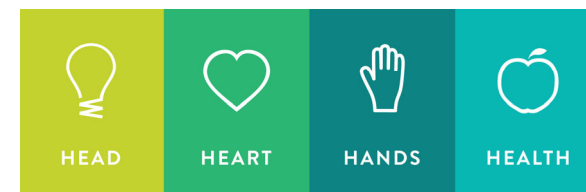
Revised April 11, 2024

WHAT IS A 4-H PROJECT?

4-H projects are specific areas of planned experience, such as training pets, making clothing, growing plants, or building rockets. The project extends for at least six hours of learning time and provides in-depth learning experiences for members. More than 150 projects are currently available every year. 4-H curriculum has been written by 4-H specialists from across the country.

WHAT DOES A 4-H PROJECT COST?

The cost will vary by the project. A member enrolled in a Foods and Nutrition project might use supplies from around the home to practice the skill being learned and have no direct expense. A member who buys and keeps a horse might invest thousands of dollars. Cost should be kept in mind when selecting projects.



Our goal is to help young people grow into capable, responsible, confident members of the community by providing information, opportunities, activities, and events that are educational, developmental, and fun.