

Fashion Revue Tips for 4-H Members

1. Swing your arms naturally as you walk. Do not keep them stiff at your sides. Don't fidget with your hands when you stand. Let arms hang naturally at your sides and keep hands still, or carry a prop. It is also OK to put a hand in a pants pocket, or one or both hands on hips when you take a stand at the end of a turn when modeling.
2. Practice modeling for a few minutes each day for several weeks before judging. Wear the complete outfit so you will be comfortable presenting it—including the shoes. A simple modeling pattern can be a triangle, or "T" line. Smile and make eye contact with the judge. **DON'T LOOK AT THE FLOOR.** Have fun, or at least act like it!
3. Rehearse possible questions the judge might ask during interview judging.

For Young Men

1. Walk with your feet in a normal position. Stand with feet under shoulders. Stop with feet under shoulders, then step out and turn around, hesitate with feet under shoulders, then begin to walk.
2. When wearing dressy slacks, wear a belt. Belts can be optional with a casual outfit.
3. When wearing a suit coat or sports jacket, the sleeve length should come to the bony knot on the wrist when the arm is down at your side. Long sleeve shirt cuffs should be ½ inch longer when thumbs are down and should show below the jacket sleeve.
4. Slacks length—the back of the hem should touch the back of the shoe sole and angle up in front to create a natural "break", or crease, on the top of the shoe. Non-cuffed slacks should have a longer "break" in front than cuffed slacks.
5. Boots are appropriate if they suit the style of the outfit. Western jeans/slacks are generally worn longer so that when a rider is on a horse, they will still be long down over the boot.
6. Young men in the senior division should know how to hand-tie their own tie. Tip of tie should just reach the top of belt buckle.
7. Ankle socks are OK for sporty or maybe dressy casual, but **NOT** appropriate if they consider their outfit 'dressy', or with a suit. I have seen current ads with young men in sporty or very dressy casual look without wearing any socks—a fad that probably won't appeal to many of our 4-H'ers!?

For Young Women

1. Place one foot in front of the other when walking. Stand with feet at either the 12:00 and 10:00, or the 12:00 and 2:00 position. Pivot when turning, but not so fast to lose balance.
2. Shoe heel height should be appropriate for the skirt/pant length.
3. Use make-up appropriately for your age and outfit.
4. Hose no longer expected to be worn with dresses, unless 4-H'er chooses to because of purpose of outfit, i.e. job interview.